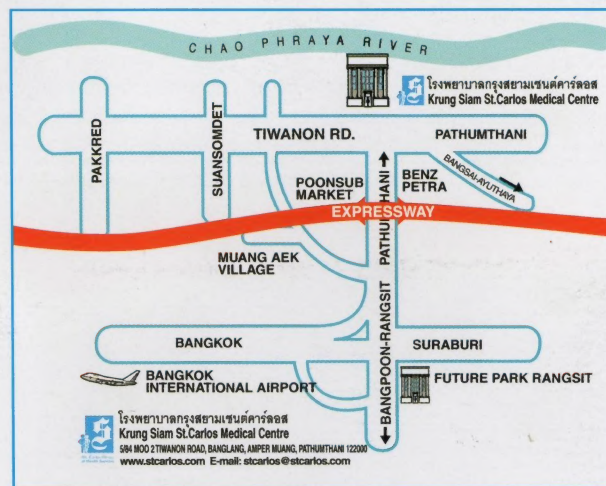




*W*elcome to the Universe of
St. Carlos Integrated Medical SPA –
The place where the magic
of conventional and alternative approaches
is coming to the fusion for the best
of your Health,
your Body
and your Mind!



5/84 Moo 2 Tiwanon Rd, Banglang Amphur Muang,
Pathumthani 12000, Thailand.
Tel: (662) 975-6700 Fax: (662) 975-6737
www.stcarlos.com E-mail: stcarlos@stcarlos.com

St. Carlos Medical Spa

*Asia's First Integrated
Thai Herbal Medical Spa*





*St. Carlos Integrated
Medical Spa –
Presented by
Dr. Anchulee Yongarnukul –*

**Alternative Roots to Better Health along with
conventional methods of the latest medical equipment.**

*L*et us heartily invite you to the world of serenity, positive energy and relaxation. We will take you to a journey discovering your body, trying to soothe it and bring it back to life, pampering, listening to its problems attentively, without missing anything, taking away uncomfortable feelings, pains, chronic diseases. Bringing your body to the best of its shape and revitalising the feeling of waking up fresh in the morning, enjoying the first rays of sun, smiling and being ready for the new day which brings thousands of positive and exciting experiences...

*F*rom the ancient times people believed that if you get into the body deep enough then you will discover the mind and you meet the soul. This is where our journey is revealing the new sense of Conventional Advanced Methods and Alternative Therapies, skillfully integrated by Dr. Anchulee Yongarnukul at St. Carlos Integrated Medical SPA.



*O*n the way to wellbeing we will make you forget fears, which you have been keeping for a long time; insomnia – killing you for years; stress – ruining your body silently but constantly.



*D*o you feel as if you are getting older twice as fast? Friends can not recognise you as you can hardly have any, forgetting the joy of life and happiness? Are you asking already for how long you can manage like this? Then the answer is coming – the time for relaxation and taking care of your health is when there is no time for it!

*A*nother life in all its beauty is opened if you make one step aside from the road that might have made you sick already in order to prevent from future diseases. All you have to do is – change your lifestyle or food intake or learn how to relax, keep the spirit full of energy, combat stress and its harmful consequences.

*W*e will listen to the messages your body is sending asking for help. Let us think about the worries of your body bringing it back to the best of its functioning and shape, bringing balance to the body – mind relations, opening you the secrets of living longer, happier and in harmony with the fast progressing environment.

*W*e invite you to the exotic gardens of aromas and pleasant soothing touches. We will guide you through the paradise of ancient massage techniques. We will carefully direct you in the world of herbal medicines, sharing with you the knowledge of natural medicine and healing therapies. We will take your worries away, while you are lying under the drops of rain during the vichy shower treatment. We will refresh the feeling of walking barefoot on a carpet of green grass while your feet will be soaked in the bath of Herbal essences. Oxygen therapy will rejuvenate your physical and mental powers, reminding you of the beauty of nature in mountains, making you feel younger and stronger. And much more wonders which will be opened to you personally...



St. Carlos Medical Spa

*The World of Serenity for
Body and Mind balancing!*

St. Carlos Integrated Medical SPA presents the West-East synergy of conventional and alternative medicine for the best of your health and wellbeing.

Integrated Packages at St. Carlos Medical SPA – the source of vital energy and positive emotions, include:

1. Medical Check-up

- a) Blood Chemistry and Urine Analysis
- b) Computerised Body Composition and Metabolism Analysis

Which allow the SPA Doctors design an individual programme ideally suitable for you according to your health condition, personal preferences and amount of days you are ready to spend with us.

2. Programmes at St. Carlos Integrated Medical SPA Package include:

- a) Cleansing programme
- b) Detoxifying programme
- c) Mental and physical rejuvenating and revitalising programme
- d) Slimming and anti-cellulite programme
- e) General relaxation programme
- f) Bio-energy balancing programme

3. Health Planning

Clients are provided with the complete individual health planning. Looking at the background of the health problems, SPA Doctors educate the guests on the individual health management, including healthy dietary intake and exercise programmes, how to resist stress and increase the ability to cope with life demands.

“

St. Carlos Integrated Medical SPA is the place where we address to the needs of the whole person, relieving stress, stimulating natural body healing resources and nourishing the spirit!

”

Spa Packages

Valid from Present till September 30, 2002.

Packages	Present - Sep 30, 2002	
	US\$	
	Package	Extra night
1. Mini Package (A Day Spa)	130	-
2. Medislim Package (A Day Spa)	160	-
3. Head to Toe Revival Package (A Day Spa)	260	-
4. A Touch of Luxury Package (2 days / 1 night)	350	315
5. Journey to Serenity Package (3 days / 2 nights)	580	261
6. The Ultimate Tropical Escape Package (7 days / 6 nights)	1,500	225
7. St.Carlos Intensive Medislim Package (7 days / 6 nights)	1,500	225

** Prices exclude medicinces and herbal supplements.*

For more information, please visit our website at
www.stcarlos.com



โรงพยาบาลกรุงสยามเซนต์คาร์ลอส
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